

Rise N' Shine

Breakfast served Saturday-Sunday | 8am - 3pm, Tuesday - Friday | 9am - 2pm

Mediterranean Classics & More

KWYW **GFO** ~~~~~ \$16

2 eggs **cooked your way**, your choice of a **fresh pita** & then any extras you'd like.

Golden Porridge **GFO** ~~~~~ \$18

Warm oats served with **maple syrup or honey**, fresh fruit salad, almonds and pumpkin & chia seeds.

Morning Muesli **GFO** ~~~~~ \$19

Muesli, yogurt, hazelnuts, almonds, coconut flakes, raisins, topped with fresh fruit salad & your choice of **maple syrup or honey**.

French Toast Pita **GFO** ~~~~~ \$21

Served with fresh fruits, ice cream and your choice of **maple syrup or honey**.

Smashed Avo **GFO** ~~~~~ \$23

100g pita topped with 2 poached eggs, labaneh cheese, rocket, cherry tomato & smashed avo.

Pita Sunrise **GFO** ~~~~~ \$23

Mixed cheese sunny side-up, served on top of a sesame pita & garden salad side.

Captain's Hummus **GFO** ~~~~~ \$24

Lima beans based hummus bowl, tahini, fresh tomato salsa, parsley & spicy lemon dressing. Served with 170g fresh pita bread.

Skipper's Breakfast **GFO** ~~~~~ \$25

2 eggs **cooked your way**, your choice of a **fresh pita**, bacon, sausage & mushrooms.

Mediterranean Breaky **GFO** ~~~~~ \$25

2 eggs **cooked your way**, your choice of a **fresh pita**, additional **3 dips you'd like**, green butter, olives, & garden salad side

Shakshuka **GFO** ~~~~~ \$25

2 poached eggs, cooked with tomato sauce, garlic & herbs. Your choice if **mild or spicy**. Served with 170g fresh pita bread.

Good Morning Istanbul **GFO** ~~~~~ \$26

Sesame pita topped with sunny side-up, minced beef, lamb, onion, herbs & garden salad with your choice of **tahini or tzatziki**.

Fresh Herbs ~ \$2	Ham ~~~~~ \$2	Extra Egg ~~~~~ \$3	Mushrooms ~~~~~ \$4	Eggplant ~~~~~ \$6
Tomatoes ~~~~~ \$2	Feta Cheese ~~~~~ \$2	Avocado ~~~~~ \$4	170g Pita ~~~~~ \$4	Chicken ~~~~~ \$7
Onion ~~~~~ \$2	Cheddar ~~~~~ \$3	Bacon ~~~~~ \$4	Sausage ~~~~~ \$6	Minced Beef ~~~~~ \$10

Sandwiches

Every sandwich is served with garden salad.

Ham Toast ~~~~~ \$17

Ham, cheese & tomatoes.

BLT ~~~~~ \$18

Bacon, lettuce & tomatoes.

Omelette **GFO** ~~~~~ \$18

Eggs, cheese, lettuce & tomatoes.

Pesto **GFO** ~~~~~ \$21

Pesto, feta, cherry tomatoes & rocket.

Tuna Salad ~~~~~ \$21

Tuna salad, mayo, lettuce & tomatoes.

Chicken Avo ~~~~~ \$23

Avocado, chicken, tomatoes, lettuce, onions, aioli & honey mustard chicken.

On the Side

Tea ~~~~~ \$4

English breakfast, peppermint, earl grey, lemon & ginger, green tea.

Coffee ~~~~~ \$4.5

Flat white, cappucino, latte, long black, chai latte, mocha & iced latte.

Milks: Oat, soy, almond, coconut (\$0.5)

Syrup: Vanilla, hazelnut, caramel (\$0.3)

Home Made Muffin ~~~~~ \$5

Bluberry & white chocolate, banana & chocolate or lemon.

Home Made Cookie ~~~~~ \$5

Freshly Squeezed Juice ~~~~~ \$6

Your choice of fresh apple, carrot, orange, lemon, celery or ginger.

*Please tell us
about your allergies.

Mains

Mediterranean Classics & More

Captain's Hummus **GFO** ~~~~~ \$24

Hummus made from lima beans, tahini, fresh tomato salsa, parsley & spicy lemon dressing. Served with 170g fresh pita bread (+extras).

Shakshuka **GFO** ~~~~~ \$25

2 poached eggs, with traditional tomato sauce, garlic & herbs. Your choice of **mild or spicy**. Served with 170g fresh pita bread (+extras).

Sweet Potato Boat **GFO** ~~~~~ \$25

Seasonal sauteed vegetables, served on top of baked sweet potato.

Falafel Feast **GFO** ~~~~~ \$28

6 home-made falafel balls, hummus plate, tahini, olives, spicy sauce & tomato salsa. Served with 170g pita bread & garden salad.

Casablanca Bazaar ~~~~~ \$32

Juicy chicken with aromatic flavours, grilled onion, garlic confit, parsley, lemon, coriander. Served on top of baked sweet potato.

The Red Sea **GFO** ~~~~~ \$33

King fish cooked in tomato sauce, garlic, coriander & parsley. Your choice of **mild or spicy**. Served with 170g fresh pita bread.

Memories of Tripoli **GFO** ~~~~~ \$33

Minced beef, lamb, onion & herbs with your choice of **tahini or tzatziki**. Served on top of 170g fresh pita bread.

Chop Chop (Mild | Spicy | Balsamic) ~~~~~ \$35

200g of thinly sliced grilled porterhouse, garlic, spicy herb sauce & tomatoes. Served on top of baked sweet potato.

Baked Salmon 200g ~~~~~ \$36

Baked in 400 degrees, served on top of seasonal sauteed vegetables & lemon.

Eye Fillet 180g ~~~~~ \$39

Pan tossed eye fillet strips, cream, garlic, mushrooms, tomato & spanish onion. Served on top of baked sweet potato.

Sambousek

Every sambousek is served with garden salad.

Mother Earth ~~~~~ \$22

Red sauce, olives, s. potato, onion & zucchini.

Socrates & Co ~~~~~ \$23

Tomato sauce, mixed cheese, onions, olives & fresh tomato

Old Jaffa ~~~~~ \$23

Tomato sauce, mixed cheese, olives & za'atar.

Renaissance ~~~~~ \$23

Mixed cheese, truffle oil & spinach.

Napoleon ~~~~~ \$24

Soy bechamel, portobello & spinach.

The Empire ~~~~~ \$25

Mixed cheese, fresh pesto & mushrooms.

Americano ~~~~~ \$28

Minced beef, mixed cheese & tomato sauce.

Marco Pollo ~~~~~ \$28

Chicken, mixed cheese & fresh pesto.

Pasta

Choose between **fettuccine** or **h. made gnocchi** (+\$3).

Aglio E Olio ~~~~~ \$27

Olive oil, garlic, parsley, tomato, green beans, zucchini & portobello mushrooms.

Gypsy Pomodoro ~~~~~ \$27

Red sauce, chicken & portobello mushrooms.

Creamy Pesto ~~~~~ \$27

Home made pesto with cream.

Trifunghi ~~~~~ \$28

Cream, portobello, champignon & truffle oil.

Drunken Sailor ~~~~~ \$31

Prawns, garlic, vodka, cream & basil.


San Remo ~~~~~ \$34

King fish, cream, truffle oil, zucchini, garlic & sage.

Salmon Else ~~~~~ \$34

Salmon, spinach, cream & garlic.

Boiled Egg \$3 | 170g Pita Bread/ Mushroom/ Feta/ Bacon \$4 | Sausage \$5 | Eggplant \$6 | Chicken \$7 | Prawns \$9 | Beef \$10



Very few people know that the famous St Kilda suburb was named after a ship called 'The Lady Of St Kilda'. But even fewer people know that before arriving in Australia, she was sailing around the Mediterranean sea.

The Lady of St Kilda, Bar & Restaurant pays homage to her story, serving unique Mediterranean flavours. Every item found in our menu is prepared, chopped, cooked, and baked fresh on site.



THE LADY OF ST KILDA

*Breakfast served Saturday-Sunday | 8am - 3pm
Lunch served Tuesday-Sunday | 12pm - 9pm*

*A small subcharge of 18% will apply during public holidays.
We cannot itemise payments.*

Starters

Pita Bread

- Sesame Seed Pita 🌱 🌱 ~~~~~ \$6.5
- Multi-seed Pita 🌱 🌱 ~~~~~ \$6.5
- Olive Oil & Za'atar Pita 🌱 🌱 ~~~~~ \$6.5
- Onion & Sumac 🌱 🌱 ~~~~~ \$6.5
- Tomato & Parsley (+ Cheese \$2) 🌱 🌱 ~~~~~ \$6.5
- Garlic Pita (+ Cheese \$2) 🌱 🌱 ~~~~~ \$6.5
- Kalamata & Garlic (+ Feta \$2) 🌱 ~~~~~ \$6.5
- Gluten Free Pita 🌱 🌱 ~~~~~ \$6.5

Home Made Dips

- Tahini
- Hummus
- Tzatziki
- Green Butter
- Fetta Cheese
- Pickled Veggies
- Pickled Cucumber
- Cream Cheese
- Labane
- Tomato Salsa
- Spicy Herb Sauce
- 'Amba' Curry Sauce
- Olive Tapenade
- Egg Salad **+\$1**
- Tuna Salad **+\$1**
- Smashed Avo **+\$2**

1 for \$3.5 | 3 for \$9 | 5 for \$13

To Share

- Eggplant Baladi** 🌱 🌱 🌱 ~~~~~ **\$16**
Grilled eggplant, tahini, fresh tomato salsa, green herb spicy sauce & parsley.
- Lady's Bouquet** 🌱 🌱 🌱 ~~~~~ **\$16**
Fried cauliflower served with tahini, parsley and fresh tomato salsa.
- Captain's Favourite** **GFO** ~~~~~ **\$18**
100g pita topped with minced beef, lamb & herbs with your choice of **tahini or tzatziki**.
- Gibraltar** **GFO** ~~~~~ **\$18**
120g pita stuffed with sauteed chicken livers, caramelised onion, portobello mushrooms, red wine and parsley.
- Stracetti Porterhouse** 🌱 ~~~~~ **\$22**
Thinly sliced grilled porterhouse, garlic, tomato, rocket, parmesan and balsamic sauce.
- In the Name of the Queen** **GFO** ~~~~~ **\$24**
100g pita topped with succulent prawns cooked in olive oil, garlic, tomato, portobello mushrooms, white wine and parsley.
- Royal Ceviche** **GFO** ~~~~~ **\$29**
King fish, pineapple, coriander, fresh chilli, spanish onion, parsley, cherry tomatoes, fresh lemon & crunchy pita bread.

Fresh Salads

- The Pink Lady Salad** 🌱 🌱 ~~~~~ **\$20**
Mixed lettuce, pink lady apple, blue cheese, walnuts & citrus vinaigrette dressing.
- Crazy Capreza** 🌱 🌱 ~~~~~ **\$22**
Tomato mix, spanish onions, fresh chilli, parsley, coriander, rocket, olives and bocconcini cheese.
- Fattoush** 🌱 🌱 **GFO** ~~~~~ **\$23**
Cucumber, tomato, spanish onion, raddish, olives, mixed herbs, zaatar, sumac & pita croutons.
- Seven Seas** 🌱 🌱 🌱 ~~~~~ **\$23**
Quinoa, grilled cherry tomatoes, edamame, raddish, sweet potato, multi seeds, dried cranberries with pomegranate dressing.

Boiled Egg \$3 | Feta Cheese \$4
Casablanca Chicken \$7 | Stracetti \$10

Sides

- Baked Sweet Potato 🌱 🌱 ~~~~~ **\$9**
- Garden Salad 🌱 ~~~~~ **\$9**
- Chips ~~~~~ **\$13**
- Seasoned Chips ~~~~~ **\$13**
- Sweet Potato Chips ~~~~~ **\$14**
- Sauteed Vegetables 🌱 🌱 ~~~~~ **\$15**

Additional Ketchup or Aioli \$0.50

🌱 Vegetarian

🌱 🌱 Vegan

🌱 Gluten Free

GFO Gluten Free Option

Easy Going

Pizza

Garlic 🌱 ~~~~~ \$20
Fresh chilli, garlic, olive oil & mozzarella.

Margherita 🌱 ~~~~~ \$20
Tomato sauce & mozzarella.

Vegan 🌱🌱 ~~~~~ \$20
Mushroom, olives, zucchini & rocket.

Hawaiian ~~~~~ \$23
Mozzarella, ham & pineapple.

The Greek 🌱 ~~~~~ \$23
Mozzarella, feta, tomato, olives & parsley.

Portobello 🌱 ~~~~~ \$24
Mozzarella, portobello, parmesan & rocket.

Hampignon ~~~~~ \$24
Mozzarella, ham, parmesan & champignon.

Sicily ~~~~~ \$24
Mozzarella, kalamata olives, anchovies, fresh chilli & coriander.

Extremely Vegan 🌱🌱 ~~~~~ \$24
Soy bechamel, zucchini, fresh chilli & basil.

Pepperoni ~~~~~ \$24
Mozzarella & heaps of pepperoni.

Cheese Force 🌱 ~~~~~ \$24
Mozzarella, feta, bocconcini, blue cheese honey & finely sliced spinach.

Balkan 🌱 ~~~~~ \$24
Mozzarella, feta, eggplant, olives & parsley.

Fritzza 🌱 ~~~~~ \$24
Margherita pizza & chips.

Four Seasons ~~~~~ \$25
Ham, olives, champignon & artichoke.

Meat the Lover ~~~~~ \$26
Pepperoni, bacon, chicken & balsamic sauce.

The Fisherman ~~~~~ \$27
Mozzarella, prawns, cherry tomato & chilli.

Pita Burgers

Make it a combo with your choice of **chips** or **fresh garden salad** (+\$5).

Popeye the Sailor 🌱🌱 **GFO** ~~~~~ \$20

Vegan fritter (onion, leek, parsley, garlic & chickpeas), lettuce, fresh tomato with your choice of **tahini** or **tzatziki**.

Classic **GFO** ~~~~~ \$21

Beef, lettuce, fresh tomato, cheddar, onion, mayo & tomato sauce.

Mediterranean **GFO** ~~~~~ \$21

Minced beef, lamb, onion & herbs, lettuce, tomato with your choice of **tahini** or **tzatziki**.

Chicken Casablanca **GFO** ~~~~~ \$21

Juicy chicken infused with aromatic spices, lettuce, tomato, garlic, mayo & grilled onions.

Straccetti **GFO** ~~~~~ \$23

Thinly sliced grilled porterhouse, garlic, parsley, tomato, rocket, aioli, parmesan, mildly spiced balsamic & herbs sauce.

*We freshly bake our pitas to order topped with **sesame seeds**.
Please let us know if you are allergic to it.

Add Ons

Tahini	\$1	Fresh Chilli	\$2
Hummus	\$1	Blue Cheese	\$3
Tzatziki	\$1	Cheddar	\$3
Spicy Sauce	\$1	Feta Cheese	\$3
Anchovies	\$2	Bocconcini	\$3
Ham	\$2	Pepperoni	\$3
Pineapple	\$2	Chilli Pineapple	\$3
Olives	\$2	Sunny Side Up	\$3
Fresh Onions	\$2	Bacon	\$4
Grilled Onions	\$2	Mushrooms	\$4

We love our food!

Ask our staff for their
recommendations.

Thank you.

Drinks

Cocktails

- Spritz** (Aperol | Limocello | Campari) ~~~~~ **\$12**
Prosecco, soda & garnish.
- South Side** ~~~~~ **\$17**
Gin, lemon & mint.
- French Martini** ★ ~~~~~ **\$18**
Vodka, Chambord & pineapple.
- Captains Delight** ★ ~~~~~ **\$18**
Gin, Soho, Lychees & lemon.
- Espresso Martini** (Classic | Coconut) ~~~ **\$18**
Vodka, Tia Maria, Kahlua, DBL espresso.
- Japanese Slipper** ~~~~~ **\$18**
Midori, Cointreau & lemon.
- Mohito** (Classic | Passionfruit) ★ ~~~~~ **\$18**
White rum, Lemon & mint.
- Margarita** (Classic | Spicy | Coconut) ~~~ **\$18**
Tequila, Triple sec & lemon juice.
- Bloody Mary** ★ ~~~~~ **\$18**
Vodka, Tabasco, tomato & horseradish.
- Cosmopolitan** ~~~~~ **\$18**
Vodka, Cointreau, lemon & cranberry.
- Pina Colada** ★ ~~~~~ **\$19**
Malibu, coconut cream & pineapple.
- The Flying Dutchman** ~~~~~ **\$19**
Kraken, lime, mint, lemon & prosecco.
- Passionfruit Martini** ★ ~~~~~ **\$19**
Vodka, passionfruit, vanilla & lemon.
- Malaga Sunset** ~~~~~ **\$20**
Tequila, Cointreau, Malibu & grapefruit.
- Dirty Martini** ~~~~~ **\$20**
Vodka, Dry vermouth & olive brine.
- Amaretto Sour** ~~~~~ **\$21**
Amaretto, bourbon & egg white.
- Negroni** ~~~~~ **\$21**
Hendricks gin, Campari & Dry vermouth.
- Wiskey Sour** ~~~~~ **\$21**
Starward, egg white, lemon & bitters.
- The Lady's Latte** ~~~~~ **\$22**
Baileys, Kahlua, vodka & cream.
- Long Island Ice Tea** ~~~~~ **\$22**
Vodka, tequila, gin, Cointreau & Coke.

★ \$13 Make it a Virgin Option

Wine

Sparkling

- House Sparkling ~~~~~ **\$10 | 40**
- The Hill Moscato NV, Bellarine Peninsula VIC ~~~~~ **\$11 | 44**
- Golding Last Hurrah Sparkling, Adelaide Hills SA ~~~~~ **\$52**
- Chartley Estate Lavinia Sparkling, Tamar Valley TAS ~~~ **\$90**
- Moet Et Chandon Brut Imperial, Champagne FRA ~~~ **\$120**

White

- House White ~~~~~ **\$10 | 40**
- Munificent Pionot Grigio, King Valley VIC ~~~~~ **\$12 | 48**
- Chartley Estate Pinot Gris, Tamar Valley TAS ~~~~~ **\$69**
- Goody Goody Chardonnay, King Valley SA ~~~~~ **\$13 | 50**
- Atze's Corner Wild Rosé, Grenache Mataro ~~~~~ **\$13 | 52**

Red

- House Red ~~~~~ **\$10 | 40**
- Atze's Corner Opulent Shiraz, Barossa Valley SA ~~~ **\$13 | 52**
- Golding Purveyor Pinot Noir, Adelaide Hills SA ~~~ **\$13 | 52**
- Wren Estate Game's Afoot Shiraz, Heathcote VIC ~~~ **\$70**
- Giammarino Pinot Noir, Yarra Valley VIC ~~~~~ **\$75**

Beer

Your choice of pots, pints or jugs.

- The Lady Lager (Hawkers) ~~~~~ **\$5 | 10 | 20**
- Old Mate Pale Ale ~~~~~ **\$7 | 13 | 23**
- Hawkers Hazy Pale ~~~~~ **\$7 | 13 | 34**
- Stone & Wood Pacific Ale ~~~~~ **\$7 | 14 | 25**
- Heineken ~~~~~ **\$7 | 14 | 25**
- Guinness ~~~~~ **\$7 | 14 | ---**

Stubbies

- Carlton Draugh ~~~~~ **\$8** Apple Cider ~ **\$10 | 15**
- Peroni ~~~~~ **\$8** Corona ~~~~~ **\$10**
- 0% Beer ~~~~~ **\$8** Ginger Beer ~~~~~ **\$10**
- Fizzer Tropical Crush ~ **\$8** Gluten Free Beer ~ **\$12**

Soft Drinks

- Sparkling Water ~~~~~ **\$3**
- Energy Drink ~~~~~ **\$5**
- Coke | Coke Zero | Sprite | Dry ~~~~~ **\$5.5**
- Fresh Juice (Orange, carrot, apple, ginger, celery, lemon) ~~~ **\$6**
- Lemon Lime Bitters ~~~~~ **\$7**